

# Howden Care

## PREVENTION SOLUTIONS



**Ensuring the health and safety of the people within an organisation is one of the biggest responsibilities for business owners.**

Chronic illness and mental health conditions are on the rise<sup>1</sup>. When this is coupled with an increasing absenteeism rate and the prevalence of injuries as a result of stressors to the body and slips/trips in the workplace<sup>2</sup>, the time to act is now.

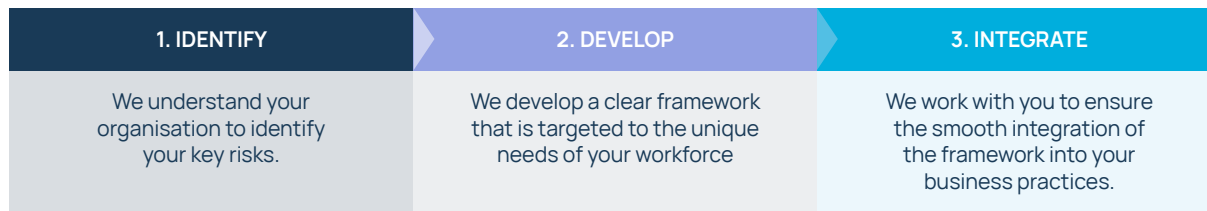
**Your workforce faces a variety of health and safety risks as our population lives and works for longer time periods than previous generations.**

### Why should I make prevention a priority?

Your organisation has a legal obligation to provide a safe and healthy workplace. The failure to embed best practice safety and wellbeing frameworks can have both serious cultural, and financial impacts on organisations, in addition to legal non-compliance ramifications.

Despite this, the good news is that many organisational health and safety risks are preventable.<sup>1</sup> Putting into place an effective prevention program can constrain the cost of injury and illness to an organisation's bottom line.

Effective prevention programs aim to enhance capability as well as creating sustainable behavioural change. At Howden, we understand that workplace health, safety and wellbeing is multidimensional. We approach prevention programs utilising 3 stages:



1. Australian Institute of Health and Welfare – Chronic Disease Overview 12/05/2021  
2. Safework Australia Key Work Health and Safety Statistics 12/10/2020  
3. Creating a Mentally Healthy Workplace – PWC



Effective action to create a mentally healthy workplace can deliver a **positive** return on investment (ROI) ranging from **100-570%** with the average ROI achieved being **230%**.<sup>3</sup>



## Key benefits of an effective prevention program.

- ✓ Meet mandatory safety compliance requirements
- ✓ Avoid workplace penalties
- ✓ Achieve financial savings
- ✓ Look after your most valuable asset – your people.

## Howden can support your organisation with a workforce injury prevention program that delivers cultural, financial and health impact to your business.

### The value we deliver includes:

- Uncovering key safety and workforce risks impacting compliance.
- In-depth understanding and action plan to enhance workplace culture.
- Mandatory policy and procedures to meet safety regulations.
- Avoid injuries and cost impact with business critical risk assessments and job task analysis.
- Workplace safety design and training for the future workplace environment.
- Effective management of pre-employment and routine health assessments to mitigate risk and deliver financial savings.
- Wellbeing programs and training courses that evolve to meet changing workplace requirements.
- Mental health programs that support your people.

## Introducing Howden Australia & Howden Care

Howden Insurance Brokers (Australia) Pty Ltd (Howden Australia) is a specialist people risk partner for Australian businesses.

Howden Care partners with clients to deeply understand their people risk challenges. Our market leading team, are experts in workplace and non-workplace illness and injury, delivering solutions to support clients in navigating the complexities of the people risk ecosystem and evolve their business through enhancing risk maturity.

Our team of allied health professionals bring an average of 20 years of experience across workplace safety, wellbeing and return to work. We have a relentless focus on ensuring that quality and value is delivered to all clients of all sizes across a breadth of industry sectors.



Talk to us today.



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