

Changing Rooms

Your club may provide changing facilities for members, in which case you should complete this assessment and adopt suitable controls. Members, volunteers, staff, and visitors might be injured as a result of poor risk management in this area.

Even where the hazards are the same, the control measures you adopt may have to be different from those in the examples, to meet your particular needs.

Q1 Is there a specific changing room code of conduct enforced - including guidance on use of mobile phones, bullying, and raising concerns?

- (YES) - The club has a clear written code of conduct in respect of changing rooms, including guidance on the use of mobile phones, bullying and raising concerns.
- (NO) - A clear code of conduct should be written and be enforced for users and club members.

Q2 Is information provided to parents about changing rooms, their responsibilities, and a code of conduct shared with them?

- (YES) - The club has made parents aware of the changing room policies and code of conduct, including clear guidance relating to parents responsibilities and supervision of their children (either by themselves, or by others).
- (NO) - Parents should be made aware of the changing room policies adopted by clubs. This should include clear guidance related to the parents responsibilities, club volunteers/staff responsibilities, as well as information regarding supervision of their children (either by themselves, or by others). Parents should be made aware of specific times when they may be required to help - e.g. young children, disabled users, family changing rooms.

Q3 Are specific procedures in place for instances when adults and children will be using the changing rooms at the same time?

- (YES) - The club has specific procedures in place for shared facilities.
- (NO) - There should be specific guidance for shared facilities. This guidance should be available to volunteers and staff and also included in club policies and procedures whenever possible.

Q4 Is there a documented maintenance programme in place to ensure that benches, cubicles, lockers, and floors are in good condition?

- (YES) - The club has a documented maintenance programme in place to ensure the changing rooms, benches, cubicles, lockers and floors are in good condition.
- (NO) - The club should put in place a documented maintenance programme to ensure the changing rooms, benches, cubicles, lockers and floors are maintained in good condition.

Q5 Is non slip flooring provided in the showers and changing rooms?

- (YES) - The club has non-slip flooring in the showers and changing rooms.
- (NO) - It is recommended that the Club reviews its current flooring in the changing rooms, showers and toilets. Anti-slip flooring should be provided in areas where there is a high risk of slipping. Concrete floors in changing rooms do constitute anti-slip. Until such time as anti-slip flooring is provided, it is recommended that the Club highlight the issue of slippery flooring by displaying warning signs.

Q6 Does the operator have an up to date Legionella Risk Assessment?

- (YES) - The Club is aware of its duties in relation to Legionella and how important it is for the club to manage Legionella effectively to avoid exposing volunteers, staff, players, visitors and children to potentially deadly Legionella bacteria.
- (NO) - It is a legal requirement for Landlords to assess and control the risk of exposure to Legionella bacteria. Therefore, it is strongly recommended that the Club instructs a competent third party to undertake a legionella risk assessment where hot and cold water is stored (tanks or calorifiers), used and where there is a means of creating and transmitting breathable water droplets (aerosols), showers for example, spa pools, jet baths or whirlpools. Potential sources of risk which are considered significant must be acted upon within a specified time frame. The risk assessment must be reviewed every 2 years or following any changes to the building or plant. For more information on Legionella refer to: <http://www.hse.gov.uk/pubns/books/l8.htm>

Q7 Are facilities provided within the changing rooms to safely dispose of soiled waste, dressings, etc.?

- (YES) - The Club recognises that soiled dressings / dressings which are disposed of in the changing rooms and / or showers can present a risk to other changing room / shower users from cross infection via cuts or inhaling/ ingestion or absorption. Bins are provided in the changing rooms which are purely for the safe disposal of soiled dressings / bandages. The bodily fluids bin has a bio-hazard bin liner. The person(s) responsible for the removal of the bio-hazard bag will have the appropriate PPE to wear and know where to dispose of the bag.
- (NO) - It is recommended best practice for the Club to provide facilities whereby soiled dressings / bandages can be disposed of safely and therefore reducing the risk of cross infection. A blood bin or bodily fluid bin is recommended and these should be lined with bio-hazard bins. It is recommended that cleaning staff responsible for emptying such bins are provided with the correct PPE and are instructed on how to dispose of the bio-hazard bag accordingly.

Q8 Are electrical circuits in the changing rooms/showers protected by residual current devices (RCDs)?

- (YES) - The Club is aware that in areas where there are showers it is required that the circuits should be protected by way of RCDs.
- (NO) - It is recommended that the club contacts a competent electrician to ensure that all circuits in the changing rooms and showers are protected with RCDs.